

MONDAY	Introducing solids	9.30am-10.30am	Sandy Children's Centre	19th August	Advice and support around introducing solids	Booking
	Bumps to Babes	2.00pm -3.15pm	Sandy Children's Centre	Weekly	Play, have fun and socialise. For Mums and Dads to be & babies up to 12 months only	Drop-in
	Baby Brasserie	1.00pm -2.00pm	Sandy Children's Centre	Weekly	A café style group for mums to be and breastfeeding mums supported by Health Visitors and Children's Centre staff.	Drop-in
TUESDAY	Job Centre Plus	9.00am – 11.30am	Sandy Children's Centre	27 <sup>th</sup> August 2019	Employment and benefit advice for single parents/carers Call 01767 275727 to book.	Booking
	Fun in the Park	10:00am-11:30am	Potton Pavilion Park Tempsford Park Ickwell Park	30 <sup>th</sup> July 2019 6 <sup>th</sup> August 2019 13 August 2019	Come and meet other families in your area. (see below for details). Why not bring a picnic and stay on after the session? Children up to 12 welcome	Drop-in
	Outside Massive Messy Play	10.00-11.30am	Sandy Children's Centre	27 <sup>th</sup> August 2019	For children 6 months to 5 years only. Booking essential as spaces are Limited.	Booking
	Child Health Pop In	1.30pm – 3.15pm	Sandy Children's Centre	20 <sup>th</sup> August 2019	Health Team available for advice and support with Child Health issues for 0 – 5 years. Self weigh available for babies under 12 months.	Drop-in
WED	Midwife Clinic	9.30am-11.30am	Sandy Children's Centre	Weekly	Post Natal Clinic from birth to 28 days, for post-natal checks, weight and breastfeeding advice. To book appointment call 01767 224173	Booking
THURS	Bumps, Birth and Baby Stuff One day course	9.00am – 5.00pm	Sandy Children's Centre	15 <sup>th</sup> August	Prepare for your new arrival. Come and find out more about birth, feeding and caring for you and your baby. Ideally, expectant mums should be at least 30 weeks gestation or more to attend this session and they MUST be a resident of Central Bedfordshire Council. Partners are encouraged to attend too. <b>To book, visit <a href="http://www.bumpbirthandbaby-cbc.eventbrite.com">www.bumpbirthandbaby-cbc.eventbrite.com</a></b>	Online Booking Only
SAT	Dad's Club	10.00am-11.30am	Sandy Children's Centre	3 <sup>rd</sup> August	Stay and play session for Dads and male Carers and their children 0-5 years (older siblings up to 8 years welcome).	Drop-in

### Fun in the Park



10.00am – 11.30am

30<sup>th</sup> July 2019 – Potton Pavilion, Mill Lane, Potton SG19 2PG

6<sup>th</sup> August 2019 – Tempsford Park, Station Road, Tempsford  
SG19 2AZ

13<sup>th</sup> August 2019 – Ickwell Village Green, Northill Rd, Ickwell

### JOIN US FOR SUMMER ADVENTURE AT "FOREST SCHOOL"

For children age 2 ½ to 5 years

Either

Wednesday 7<sup>th</sup> or Thursday 8<sup>th</sup> August

From 10.00am - 11.30am

at Sand Hills. Meet at railway bridge on the corner of Cambridge Road and Brickhill Road, Sandy at 9.45am

**Booking essential!**

**Please call 01767 699019 to find out more and book your place**

Come along for fun and games where you can learn a little more about nature, meet our wildlife friends, build dens and make a bird feeder for your garden



Concerned about your child's speech and language development?

Pop in to Fun in the Park on the following dates to see Lisa Mitchell, Speech and Language Therapist on:

6th August 2019 – Tempsford Park 10.00am - 11.30am  
Station Road, Tempsford

13 August 2019 – Ickwell 10.00am - 11.30am  
Village Green

#### Health Visitor Pop Ins

##### Sandy Children's Centre

3rd Tuesday of each month 1.30pm - 3.15pm

##### Biggleswade and District Children's Centre

2nd and 4th Thursday of each month 1.30pm - 3.00pm

##### The Orchard Centre

Sullivan Court

Erlensee Way

Biggleswade

SG18 8SZ

##### Shefford Children's Centre

3rd Wednesday of each month 1.00pm – 3.00pm

##### Stotfold Children's Centre

1st Friday each month 9.30am - 11.30am

**Please note: Babies only need to be weighed monthly up to 6 months unless you have a concern about their weight.**

#### Support & Advice

The Centre staff can also offer support and advice on **breast feeding**, **parenting**, **choosing childcare**, **FREE 2 year funded pre-school places**, **weaning**, **toilet training**, **stop smoking**, oral health, **training/education**, **budgeting/finance** and lots more. Please ask a member of the team or contact us by phone or email.

We are looking forward to seeing you all at the Children's Centre.

**Please note, there is no parking on the road outside the Children's Centre**, however parking is available on Robert Hunt Gardens and the public part of Laburnum Road. As we are promoting healthy lifestyles initiatives, we see the lack of parking as positive. We hope that you will too!  
Enjoy the walk!



## Sandy Community Children's Centre

Managed by Laburnum Primary School Governors  
Laburnum Road, Sandy SG19 1HQ



**Summer Timetable**  
**23rd July 2019 – 30th August 2019**

For further information and to book on to any of our courses/activities

**Call the Centre on 01767 699019**

**See our Facebook page**  
**Sandy Community Children's Centre**

**Visit our website**  
**[www.sandychildrenscentre.co.uk](http://www.sandychildrenscentre.co.uk)**